Eaquals Members Meeting

Participants' Information Pack



Eaquals Training for Excellence

17-18 November 2017, Malta

On-site Registration	Conference Venue
You will need to register at the Eaquals registration desk Friday morning. You will receive your conference bag with the printed conference programme and your name badge. Please wear it throughout the event.	<u>Hilton Malta</u> Vjal Portomaso St Julian's, PTM 01 Malta
Registration Desk	Contact: <u>info@eaquals.org</u>
For any queries during the event the Eaquals staff at the registration desk will be there to help you.	Mobile: +36703160016

Programme Overview		
Friday 17th November	Saturday 18th November	
Programme to be released shortly		



	Social Events	Local Information
(Pre-booking requi	ired for each event/activity)	Time zone: GMT+2
16th November	Optional tour and dinner at <u>Gululu</u>	Weather: At this time of year, the average temperature for Malta is a balmy 20°C, created by highs of 21°C during the day-time and lows of 14°C on an evening.
17th November	Dinner at <u>Bacchus Restaurant</u> , Mdina	Electricity: 230 volts /- 10%. The three-pin rectangular plug system is used, as in Britain. Adapters are very easy to find.
18th November	Dinner at <u>Bianco's Restaurant</u> , St Julian's	Money: Euro (€). Credit cards are widely accepted.
Please remember to highlight special dietary requirements on your registration form.		Smoking: is prohibited in public places.

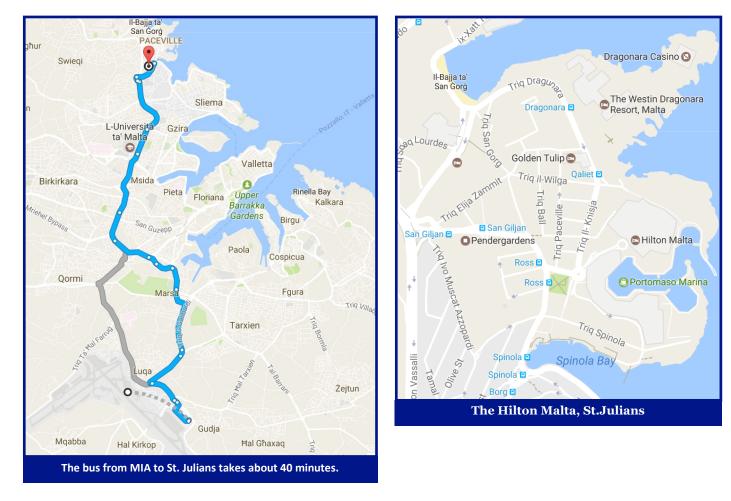
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Email: info@eaquals.org Postal address: PO Box 1202/95 Budapest, H-1380 Hungary Eaquals is a registered UK charity 1143547 Eaquals is a company limited by guarantee and registered 07727406 in England & Wales at 29/30 Fitzroy Square, London W1T 6LQ, UK



Your Trip to Malta		
Getting to Hilton Malta from Malta International Airport	Useful Links	
Malta Transfer is MIA's official shuttle service. You can <u>book online</u> or arrange a transfer at the desk by baggage reclaim.	Tourism information: <u>www.visitmalta.com</u>	
Public bus X2 offers a direct route from the airport to St Julian's. The timetable can be found <u>here</u> .	Public transportation: www.publictransport.com.mt	
Taxis are readily available at MIA. The fare to St Julian's is approximately EUR20.	Museums & galleries: <u>heritagemalta.org</u>	





www.eaquals.org

Visiting Malta:

Sea, sun, culture & attractions.



Top 10 Things To Do (taken from <u>www.myguidemalta.com</u>)

1. Valletta

Described by UNESCO's World Heritage website as "one of the most concentrated historic areas in the world", Valletta is Malta's capital city squeezed in less than one square kilometre of space. From the rich St. John's Co-Cathedral, to the pristine 300 year old Manoel Theatre, restaurants, arts, monuments, traditional balconies, shops and malls, museums, forts and bastions, flea markets... Valletta has got it all.

2. Mdina

Mdina is Malta's medieval jewel. It's distinctive narrow winding streets sheltered by imposing walls of nobles houses are simply beautiful and suggestive to stroll in. Hardly any signs of modern development are noticeable and the lamp-lit evenings are surreal. A number of attractions related to its history are well worth visiting and you also get the best views of Malta from here.

3. Sun, sand and sea

Even though Malta has a multitude of historic and cultural gems, the sunny weather, some of the cleanest sea anywhere and idyllic beaches remain a main draw for tourists. There are the obvious popular sandy beaches as well as the rugged but no less beautiful rocky coasts. Gozo also has a number of unique spots and Comino's Blue Lagoon is material for glossy brochures.

4. Gozo

Gozo is a smaller rural island to the north of Malta just a half-hour ferry ride away. It is a vivid glimpse into what Malta was up to a few decades ago. A slower pace of life, welcoming locals, open countryside, raw rugged coastlines, sleepy unconverted villages and traditional crafts. Gozo's must-see attractions include the Citadella, Ggantija Temples, ta' Pinu Sanctuary and the Dwejra area.

5. Country walks

Spring, autumn and most of winter offer the perfect climate to walk the contrasting and rich Maltese countryside. Gentle hillsides, dramatic cliffs, isolated seaside inlets and secluded pathways are begging to be explored. Coastal towers, wayside chapels, indigenous wild fauna along typical rubble walls and rugged garigue with sweeping coastal views are a gratifying way to explore Malta and Gozo.

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6. Diving

Thanks to the ideal weather, diving in Malta is an all year round sport. The Mediterranean waters surrounding the Maltese islands are some of the cleanest and clearest seas you will ever see. With dramatic underwater drop-offs, intriguing caves, a variety of natural and artificial reefs, a healthy marine life and very professional diving schools dotting the islands, diving here gets two thumbs up.

7. Mediterranean dining and nightlife

Malta boasts more than its fair share of inspired restaurants. Eating the 'catch of the day' under a brilliant night sky is what Mediterranean living is all about. Head out to an atmospheric wine bar for a laid back evening or try your luck at an opulent casino. The younger generation will enjoy the thriving clubbing scene and the multitude of bustling venues around St. Julian's and Bugibba.

8. Megalithic temples

These prehistoric monuments are megalithic complexes dating as far back as 3,600 B.C. In all, five of these temples are listed as UNESCO World Heritage Sites including the oldest known freestanding temples in the world at Ggantija and the underground wonder of the Hal Saflieni Hypogeum.

9. Comino and the Blue Lagoon

Comino is a miniscule island half way between Malta and Gozo. In an area of just over a square mile, it packs a day's pleasurable walk complete with a charming little chapel, picturesque castle and dramatic cliffs, a four star hotel with self catering apartments and the incredible Blue Lagoon. The latter's turquoise waters must be the best spot for swimming and snorkelling anywhere in the Mediterranean.

10. Village religious feasts

This is another typical southern European tradition. The sheer amount of effort, energy, fanaticism and belief that goes into these 'festas' draws in the crowds, both local and foreign. Follow the town band and statue processions, let your hair down in street parties and meditate in adorned churches, taste traditional delicacies from street stalls and marvel at breathtaking firework displays.

